



MONTGOMERY COUNTY COMMISSION ON HEALTH
401 Hungerford Drive, Rockville, Maryland
May 16, 2019 Meeting Minutes

Members Present: Alana Aronin, Brent Berger, Brenda Brooks, Christopher Burt, Jessica Chung, Maya Das, Sarah Emami, Michelle Hawkins, Lenna Israbian-Jamgochian, Jessica Kronstadt, Kathy Mann Koepke, Fabienne Santel, Kelley Timpa, and Jason Woo.

Members Absent: Brandie Armijo, Marla Caplon, Desiree de la Torre, Crystal DeVance-Wilson, Travis Gayles, Terri McGuire, Linda McMillan, Tonya Saffer, and Ashim Subedee.

Staff Present: Ellen Segal and Karen Thompkins.

1.0 Call to Order and Welcome

- The meeting was called to order at 6:17 p.m.

2.0 COH Minutes and Next Meetings

- A motion to approve the March 21, 2019 minutes was introduced by Kelly Timpa and seconded by Michelle Hawkins. The minutes were approved by voiced consent.
- The next COH meeting will take place June 20, 2019 at 401 Hungerford Drive, Conference Room 1A and 1B, Rockville, Maryland, 20850.
- The following meeting is July 18, 2019 at 401 Hungerford Drive, Conference Room 1A and 1B, Rockville, Maryland, 20850.

3.0 Old Business

- There was discussion at the March meeting about the Commission on Veteran's Affairs with concerns regarding the medical marijuana dispensaries and request for COH involvement in this topic. COH members and staff invited the Chair of the Commission on Veteran's Affairs to come to a COH meeting to provide more information about their concerns and requests of the COH. The COH has decided to table this discussion until and if Veteran's Affairs gets back to us.

4.0 New Business

- There was a discussion about tobacco/e-cigarettes and the education of middle and high school students. The COH decided to take this on as a priority. The motion was introduced by Sarah Emami and seconded by Kelley Timpa. The motion was approved by voice consent. Members of the workgroup include: Sarah, Michelle, Chris, Alana, and Jessica C.
- Brent provided an update on the flu immunization. He has received information from DHHS Public Information Officer, Mary Anderson and other staff involved with DHHS flu immunization. A workgroup was formed to support County immunization efforts and include: Brent, Brenda, Sarah, Alana, Chris, Kelley, Terri
- Kelley Timpa is exploring the topic of making medical records easily available. A discussion ensued and members decided that this topic will be tabled for now.

- COH behavioral health recommendation letter to County Council has been finalized and will be sent out.

5.0 COH Elections & New Members

- **Nomination Committee:** This committee is responsible for the election process of new officers (Chair or Vice Chair). The election will take place at the June meeting. The Committee was formed and the members are Jason, Jessica K., and Brent.
- **The Membership Committee** will interview applicants interested in becoming a member of the COH. The Membership Committee was formed and includes Michelle, Jason, and Jessica C. The County Executive's Office will send out the COH Vacancy Announcement in the next few days and will be shared with members.
- **COH Retreat Committee:** Christopher Burt, Sarah Emami, and Kelly Timpa.

6.0 COH Retreat

- The COH Retreat was held in September of last year instead of in October. The Retreat Committee will be responsible for planning the retreat (speakers, agenda, etc.). The Committee was formed and includes Chris, Sarah, and Kelley.

7.0 Liaison Reports

African American Health Program (AAHP)/Healthy Montgomery – Michelle

- Michelle attended the PHAB site visit representing AAHP, COH, and the Healthy Montgomery Steering Committee. PHAB was interested in the views that the boards and commissions held in supporting our local health programs. The PHAB site visit report will be sent to DHHS in late summer and accreditation status will be determined by the fall.
- There was a presentation at the Healthy Montgomery meeting on ParkRx in which providers write prescriptions for exercise. This is being done in 41 states and research shows it is helping.

Commission on Aging – Brenda Brooks

- The Senior Gap Report will be coming out soon and shared with COH. The senior gap is when seniors can't live alone any longer but can't afford the senior living centers.

Montgomery County Medical Society – Dr. Brent Berger

- Montgomery County and Medchi advocated for the restriction of minors in tanning beds.
- The age to purchase tobacco products has been raised to 21.

Commission on People with Disabilities – Kathy Mann Koepke

- June 12, 2019 at 6:00 p.m. at the Executive Office Building - meeting with the Pedestrian, Bicycle, and Traffic Safety Advisory Committee concerning pedestrian safety, especially around Metro stations.

~Adjourn